



**Team Parish of Christ the King
St Aidan's Brunton Park
Sunday 9th March 2025
Lent 1**

This week we begin the journey into the wilderness that is Lent. For the next forty days and nights (or technically 46 since Sundays don't count!), we follow Jesus into the wilderness. And as a way of marking that journey with Jesus, Lent traditionally offers three disciplines: fasting, giving, and prayer.

Each of these disciplines, in their own way, helps us to re-centre our lives on the goodness of God. Fasting reminds us that 'one does not live by bread alone but by every word that comes from the mouth of God.' (Deut 8.3). Giving reminds us to worship not the things of this world but to 'worship the Lord your God and serve only him.' (Deut 6.13). Prayer places our lives in God's hands, trusting in God's goodness and provision. In prayerful trust we obey the command: 'Do not put the Lord your God to the test.' (Deut 6.16). So this Lent, following the example of Jesus, perhaps we might consider one, or indeed all, of these traditional disciplines, and allow them to guide us as you follow Him into the wilderness.

Deuteronomy 26.1-11

Moses spoke to the people, saying: When you have come into the land that the LORD your God is giving you as an inheritance to possess, and you possess it, and settle in it, you shall take some of the first of all the fruit of the ground, which you harvest from the land that the LORD your God is giving you, and you shall put it in a basket and go to the place that the LORD your God will choose as a dwelling for his name. You shall go to the priest who is in office at that time, and say to him, 'Today I declare to the LORD your God that I have come into the land that the LORD swore to our ancestors to give us.' When the priest takes the basket from your hand and sets it down before the altar of the LORD your God, you shall make this response before the LORD your God: 'A wandering Aramean was my ancestor; he went down into Egypt and lived there as an alien, few in number, and there he became a great nation, mighty and populous. When the Egyptians treated us harshly and afflicted us, by imposing hard labour on us, we cried to the LORD, the God of our ancestors; the LORD heard our voice and saw our affliction, our toil, and our oppression. The LORD brought us out of Egypt with a mighty hand and an outstretched arm, with a terrifying display of power, and with signs and wonders; and he brought us into this place and gave us this land, a land flowing with milk and honey. So now I bring the first of the fruit of the

ground that you, O LORD, have given me.' You shall set it down before the LORD your God and bow down before the LORD your God. Then you, together with the Levites and the aliens who reside among you, shall celebrate with all the bounty that the LORD your God has given to you and to your house.

Luke 4.1-13

Jesus, full of the Holy Spirit, returned from the Jordan and was led by the Spirit in the wilderness, where for forty days he was tempted by the devil. He ate nothing at all during those days, and when they were over, he was famished. The devil said to him, 'If you are the Son of God, command this stone to become a loaf of bread.' Jesus answered him, 'It is written, "One does not live by bread alone."'

Then the devil led him up and showed him in an instant all the kingdoms of the world. And the devil said to him, 'To you I will give their glory and all this authority; for it has been given over to me, and I give it to anyone I please. If you, then, will worship me, it will all be yours.' Jesus answered him, 'It is written,

"Worship the Lord your God,
and serve only him.'"

Then the devil took him to Jerusalem, and placed him on the pinnacle of the temple, saying to him, 'If you are the Son of God, throw yourself down from here, for it is written,

"He will command his angels concerning you,
to protect you", and

"On their hands they will bear you up,
so that you will not dash your foot against a stone.'"

Jesus answered him, 'It is said, "Do not put the Lord your God to the test.'"

When the devil had finished every test, he departed from him until an opportune time.

TODAY 9.30am: **Lent 1** Rev'd Gerard Rundell presides and preaches
4.00pm: **Team Evensong**, St Matthews

THE WEEK AHEAD

Mon 7.30pm, Zoom: **Lent Bible Study**

Tues-Fri 8.55am, Church: **Morning Prayer**

Wed 10.00am, Church: **BCP Midweek Eucharist**

12.00pm: St Aidan's: **Lent Lunch**

Thurs 2.00pm, Community Room: **Film Club – The Quiet Girl**

Sat 10.00am, Community Room: **Saturday Cafe**

10.30am, Church: **Kids Zone (not 4th Saturday of the month)**

Sun 9.30am: **Lent 2** Rev'd Dr Hannah Malcolm presides as Mr Ken Newitt preaches with readings from Genesis 15.1-12,17-18, Philippians 3.17 - 4.1 and Luke 13.31-35. (Rev'd Gerard at St Columba's)

DATES FOR THE DIARY

Thurs 20th Mar 2.00pm: **Friends Having Fun**, Community Room
Wed 2nd Apr 12.00pm: **Lunch Group**, Rugby Club
Sun 30th Apr 9.30am: **Mothering Sunday Family Service**, Church
Fri 4th April 6.00pm: **Beetle Drive**, Church
Sat 3rd May 10.00am **Eco Fest**, Church and Garden

LENT LUNCHESES

Wed 19th Mar 12.00pm: **Sacred Heart, North Gosforth**
Wed 26th Mar 12.00pm: **St Columba's, Wideopen**
Wed 2nd April 12.00pm: **St John's URC, Wideopen**
Wed 9th April 12.00pm: **St Cuthbert's, Brunswick**

NOTICES - today's service link is <https://bit.ly/StAidan2025Lent1>

TEAM EVENSONG – please join us if you can tonight at St Matthews for our team service at 4pm which includes a choir, psalms and hymns.

FILM CLUB – will show 'The Quiet Girl' a certificate 12 film where 'A quiet neglected girl is sent away from her dysfunctional family to stay with relatives for the Summer.' It became the first Irish-language film to be nominated for an Oscar. Don't worry, when it's needed there are subtitles.

LENT LUNCHESES – begin on Wednesday here at St Aidan's. Please join us if you can.

RESEARCH REQUEST – our administrator has had a request from a colleague in the NHS asking if anyone would like to take part in a research study. The research is to build standardising assessments to identify learning difficulties and memory problems in adults in the future. They are looking for people over the age of 80 (or younger with limited formal education). Participants would receive a £200 gift voucher that can be used in lots of places including supermarkets. If you would like to take part please follow this link:
<https://jotform.com/240784440673056>

LUNCH GROUP - will meet on Wednesday 2nd April at 12pm for a 12.30pm at the Rugby Club. Please see Pat or Pauline if you wish to join us.

LENT COURSE – everyone is welcome to the second in our Lent Series ‘What’s this doing in the Bible?’, dealing with some of the passages in the Bible many of us find difficult. The Rev Dr Richard Briggs, Principal of Lindisfarne College of Theology, will be leading us looking at the last three chapters of the book of Judges. The Zoom Meeting ID is: 757 377 8713 Passcode: StAidan or contact Ken via email: (kmnewitt@outlook.com) Leaflets giving more information are available in the entrance to church.

Living on God's Good Earth

March 2025: Sow Wild

Our flowers are gone from church for Lent, but outside the world is coming into bloom. And March is the perfect time to sow a wildflower patch! All you need is a bright, sunny spot and a little packet of wildflower seeds. If you'd like a packet of seeds to take home, there are some available in the entrance to church. There are some simple instructions available here here: <https://www.rhs.org.uk/lawns/how-to-sow-a-wildflower-patch>. Happy sowing!

For Our Prayers: St Aidan's Cycle of Prayer

For the church – Mark Edwards and St Cuthbert's and St Matthew's. St Columba's church and their future incumbent. Saturday Café, Men's group, Thursday groups.

For the community – Brunton Park Medical Centre and local businesses. St Aidan's Community Centre & Great Park Community Centre, groups meeting in our church and community room

For the world – all countries facing hardship and conflict. For our own national and political life

For those in need – Esther Wooler, Martin Seaton, Sue Bates, Sheila Lonie, Christine Crompton, Charlie Bennett, Mavis Bennett, Peter Kenney

For those who have died – and on their anniversaries: Mary Sell, Vera Selby, Margaret Page, Brenda Edwards

CONTACTS: Office: 0191 236 7952 Administrator/Newsletter : Janice Charlton infostaidans@gmail.com
Team Rector: Revd Gerard Rundell 07394 792277 rev.g.rundell@gmail.com
Team Curate: Revd Dr Hannah Malcolm 07938 433910 revhmalcolm@gmail.com

 [St Aidan's Church Brunton Park Newcastle www.staidanschurchbruntonpark.co.uk](https://www.staidanschurchbruntonpark.co.uk)